



Society of Adolescent Health in Uganda Clinical and Scientific Meeting

THEME:

Adolescent Health: Fostering Wellness Through Collaborations

SUB THEMES:

Mental Health in Ugandan Adolescents

Clinical Conditions in Adolescence

Primary Immunodeficiency

Collaborative Efforts to Improve Adolescent Health

Optimizing Adolescent Health

Programming to Advance Adolescent Health

Challenges for Adolescents in the 21ST Century

The 11th Annual Adolescent Health Conference in Kampala

Golden Tulip Hotel, Kampala, Uganda

11th-12th NOV 2025

<u>Day 1 - 11th November 2025</u>		
08:00-08:30	Welcomes & Registration	<i>Dr. Sabrina Kitaka & Ms. Julie Biculu</i>
08:30-08:45	Opening: <i>Dr. Victor Musiime</i> Head, Dept of Paediatrics, MakCHS <i>Dr. Betsy Pfeffer</i> , Department of Pediatrics, Columbia University <i>Dr. Irene M, MoH</i> <i>Dr. Anne Akullo</i> , UPA President	
Session 1 Mental Health in Ugandan Adolescents Chairs: Dr. Sarah Bunoti & Dr. Dina Romo		
8:45-9:05	Psychological Challenges of Adolescents in Uganda	<i>Ms. Juliet Biculu</i>
9:05-9:25	A Mental Health Community Intervention Among ALHIV in Uganda	<i>Dr. Amara Ezeamama</i>
9:25-9:45	Psychosocial Support to Adolescents at the Makerere-Mulago Adolescent Health Clinic	<i>Dr. Joseph Rujumba</i>
9:45-9:55	Q&A	
9:55-10:15	Coffee/Tea	
Session 2 Scientific Abstracts Chairs: Dr. Joseph Rujumba & Dr. Terry Piloya Were		
10:15-10:25	Acceptability, +B3: B9Appropriateness and Preferences of HIV Self-Testing Among Adolescent Girls and Young Women in Rural Northern Uganda: A Cross-Sectional Study	<i>Dr. Morrish Okello</i>
10:25-10:35	Clinical prevalence and phenotypes of Muscular Dystrophy among children in the Ugandan population	<i>Dr. Mulungi Esther</i>
10:35-10:45	Determinants of contraceptive use and intention to use among youth 15-24 years from a remote pastoral community in Northeastern, Uganda	<i>Dr. Lillian Ojanduru</i>
10:45-10:55	Evaluating the Impact of Social Media Influencers on Tobacco Use Among Urban Youth in Africa	<i>Dr. Jeya Sushimitha</i>

10:55-11:05	Prevalence and factors associated with having ever impregnated a teenage girl among young men (15-24 years) in Kampala and their early fatherhood experiences	<i>Mirembe Damalie</i>
11:05-11:10	Q & A	
	Session 3 Clinical Conditions in Adolescence Chairs: Dr. Mary Kiconco & Dr. David Bell	
11:10-11:40	Long Covid Among Adolescents	<i>Dr. Melissa Stockwell</i>
11:40-12:10	Mental Health in Children and Adolescents with Diabetes	<i>Dr. Terry Piloya</i>
12:10-12:50	Best Practice Clinics 1. Dr. Judy Auju/Dr. Anthony Batte: Nephology Clinic 2. Dr. Philip Kasirye: Sickle Cell Clinic 3. Dr. Anne Akullo: The Hematology Oncology Clinic	
12:50-1:00	Q & A	<i>All</i>
1:00-2:00	Lunch	<i>All</i>
	Session 4 Primary Immunodeficiency Chairs: Prof Nicolette Nabukeera Barungi & Dr. Betsy Pfeffer	
2:00-2:30	The Importance of Considering Primary Immunodeficiency as a Diagnosis in Adolescence	<i>Dr. Lucy Amaniyo</i>
2:30-3:00	The Jeffrey Modell Foundation and Pediatric Training for Healthcare Providers Primary Immunodeficiency Training	<i>Dr. Banson Barugahare</i>
3:00-3:30	Vaccines in Patients with Primary Immunodeficiency	<i>Dr. Philip LaRussa</i>
3:30-3:40	Q&A	
	Session 5 Collaborative Efforts to Improve Adolescent Health Chairs: Ms. Josephine Aluoch & Dr. Melissa Stockell	

3:40-4:00	Improving Vaccine Uptake Through a Training Program, ECAVI	<i>Dr. Ombeva Malande</i>
4:00-4:20	Adolescent Sexuality Education: Navigating the Do's and Do Not's	<i>Dr. Teddy Chimulwa</i>
4:20-4:30	Q &A	
	Session 6 Panel Discussion	
4:30-5:00	Adolescent Engagement: Panel Discussion Moderated by	<i>Dr. Sabrina Kitaka</i>
5:00	COFFEE AND CLOSURE OF DAY 1	

Day 2 – 12th November 2025		
8:00-08:30	Welcomes & Registration	<i>Kizza Lubega & Ms. Julie Biculu</i>
	Session 7 Optimizing Adolescent Health Chairs: Dr. Teddy Chimulwa & Dr. Helen Aanyu	
8:30-9:00	Parenting the Adolescent	<i>Dr. Betsy Pfeffer</i>
9:00-9:25	Improving Adolescent Health in Uganda and Beyond	<i>Dr. Sabrina Kitaka</i>
9:25-9:50	The Vaccination Updates for Uganda	<i>Dr. Immaculate Ampaire</i>
9:50-9:55	Q&A	
	Session 8 Programming to Advance Adolescent Health Chairs: Ms. Connie Kiconco & Dr Ibrahim Franklyn Kamara	
9:55-10:25	Integrating Health and Education: The Role of School-Based Health Centers	<i>Dr. Dina Romo</i>
10:25-10:55	Prioritizing young Men's Health	<i>Dr. David Bell</i>
10:55-11:25	Center of Excellence in Adolescent Health, Moi Teaching and Referral Hospital, Rafiki Clinic	<i>Dr. Joyce Oboi</i>
11:25-11:30	Q&A	
11:30-11:45	Coffee/Tea	
	Session 9 Scientific Abstracts Chairs: Ms. Amanda Sadien & Dr. Sabrina Kitaka	
11:45-11:55	Short cycle antiretroviral therapy (ART) with weekends off is inferior to continuous ART in adolescents living with HIV receiving tenofovir disoproxil fumarate/lamivudine/dolutegravir (TLD) in sub-Saharan Africa: BREATHER Plus 96- week results	<i>Prof. Addy Kekitiinwa</i>
11:55-12:05	Neurocognitive Performance in Youth with Perinatally Acquired HIV: Findings from a Rural population in Southwestern Uganda.	<i>Moses Ochora</i>
12:05-12:15	Perceptions, Acceptability, And Utilization of HIV Self-Testing Kits Among Young People in Urban Slums in Kampala: A Mixed Methods Study.	<i>Micheal Collins Segawa</i>

12:15-12:25	School absenteeism among children and adolescents with sickle cell disease compared to their peers in Uganda: A cross-sectional study	<i>Peninah Juliane Nattimba</i>
12:25-12:30	Q & A	
12:30-1:30	Lunch	
	Session 10 Scientific Abstracts Chairs: Dr. Peninah Nattimba & Dr. Philip LaRussa	
1:30-1:40	The effect of an online peer support group on depressive symptoms among young people living with HIV in Kampala, Uganda: a randomized controlled trial	<i>Yerusa Kirya</i>
1:40-1:50	Viral Load Suppression Among Adolescent and Young People Living with HIV: Patterns, Predictors and Programmatic Gaps	<i>Apio Kevin Patience</i>
1:50-2:00	Modern Contraceptive Uptake Among Adolescent Girls and Young Women Receiving Post-Abortion Care in Northern Uganda: A Cross-Sectional Study Using the Socio-ecological Model.	<i>Okello Morris Obol</i>
2:00-2:05	Q & A	
	Session 11 Challenges for Adolescents in the 21st Century Chairs: Dr. Lucy Amaniyo & Dr. Joyce Oboi	
2:05-2:35	Abstinence Only Programs, Do They Work? VIRTUAL	<i>Dr. Merrian Brooks</i>
2:35-3:05	Scaling Adolescent Health Care in Sierra Leone	<i>Dr Ibrahim Franklyn Kamara</i>
3:05-3:35	The Importance of Provider Training to Successfully Engage Adolescents in Care, Rafiki Clinic	<i>Ms. Josephine Aluoch</i>
3:35-4:05	Taking Care of Adolescents in the 21st Century	<i>Ms. Amanda Sadien</i>
4:05-4:10	Q & A	

4:10-4:30	FLASHMOB (PAHU)	
4:30-5:00	Certificates	
5:00	COFFEE AND CLOSURE OF DAY 2	